

Two Choices for Physical Therapy In Williamston



So, you just found out you need
physical therapy services ...
Now what?

First of all, you need to be committed. It is highly unlikely you will see results overnight. You will need to make time to attend appointments and do activities specifically individualized for you at home.

Once you are committed, then you should choose a physical therapist. If you have not experienced physical therapy in the past, this is all new to you.

Which do you choose?



Sparrow Physical Therapy
1288 W. Grand River
655-1813
www.sparrow.org



Red Cedar Physical Therapy
1235 Grand River, Suite 1
655-8569
www.redcedarphysicaltherapy.com
Selena Horner, PT, MS, GCS, ATC

Things to Think About Before You Choose

1. Match your needs with a physical therapist who can meet them. Consider why you will be seen in physical therapy along with the qualification(s) of the physical therapist you choose. Know when appointments will fit into your life.
2. Consider the insurance benefits you have for physical therapy services. You can choose to receive services from a physical therapist who is either in-network or out-of-network. It is overwhelming to learn specifics. Most physical therapy clinics will help you learn.
3. Will your physical therapist consider the details of your insurance benefits for physical therapy services?
4. Know ahead of time your preference in receiving physical therapy services. Do you prefer appointments with the same physical therapist for every scheduled visit? Do you prefer appointments scheduled with different providers who are supervised by your physical therapist?
5. Are you interested in generalized information about cost, number of visits and potential results with physical therapy services for your particular problem? By all means, ask.
6. You can always ask your doctor, family, friends and neighbors about who they suggest.

CHOOSE THE BEST FOR YOU!

You can also go here to find a physical therapist: www.MoveForwardPT.com